Top tips for spacer device use

Use this cribsheet to guide people on the use of spacer devices

Storage



- **Avoid keeping the spacer in a plastic bag.** Plastic can cause static to build up inside the spacer, which may reduce how much medicine your child receives.
- **Avoid contact with liquids and dust** - to help prevent breathing them in.
- **Keep it in a small, sealed, plastic-free bag or purse** - when transporting it/carrying it with you. This helps protect it from scratches and stops small items from getting inside.
- **Storage for children** - when taking it to school a pencil case or plastic free medicine bag are good options. Make it personal! Let them decorate it and make it their own — this can help make carrying and using their inhaler feel more familiar and fun.

Cleaning



- **Mild detergent** - should be used for washing gently. Do not scrub the surface.
- **Air dry** - do not use a cloth
- **Clean regularly** - to prevent build up of drug residue
- **Check manufacturer instructions** - for cleaning instructions and timings

Device information

Device specific information such as - Spacer type, cleaning instructions and compatability may be found here:

Spacer Information - Right Breathe